



LUNCH MENU

WEDNESDAY TO SATURDAY 12.30PM - 4PM

- EXPRESS LUNCH SERVICE -

EMAIL YOUR ORDER TO COOKESOFCARAGH@GMAIL.COM
OR CALL 045 871098 | WIFI: cookesofcaragh

LUNCH

WINGS ^{1 2 4 7 12 13}
hot or teriyaki, blue cheese, celery stick
SMALL €9.50
LARGE €15.00

SOUP ^{1 2 7}
wholemeal bread (v) [€6.20]

CHOWDER ^{1 3 5 7 8} [€13.50]
poached, smoked haddock, salmon, mussels, cockles,
white wine, cream, lemon, dill, brown bread

GARLIC MUSSELS ^{2 7 8} SMALL €10.50
mussels, garlic, white wine, cream, LARGE €16.00
fresh dill, toasted sour dough bread

8OZ BEEF BURGER ^{1 2 4 6 7 13} [€16.90]
cheddar cheese, brioche bun, bacon, tomato,
lettuce, smoked onion jam, cajun mayo dip, homefries
ADD CHILLI BEEF - €2.50 ADD EGG - €2.00

THE ROAST (ask server) ^{1 2 4 7 14} [€16.50]
chive mash, seasonal vegetables, roast potatoes,
herb stuffing, red wine jus

FISH & CHIPS ^{2 5 6 7 13} [€17.90]
fresh haddock, pea puree, homefries, tartar

CHICKEN BURGER ^{1 2 4 6 7 13} [€16.50]
buttermilk chicken breast, toasted brioche bun, smoked
onion jam, lettuce, tomato, cajun mayo dip, homefries

THAI RED CURRY ^{1 2 3 5 9 10 11}
basmati rice, pickled ginger, shrimp crackers, crème fraiche, lime
CHICKEN €17.50 | PRAWNS €19.50
VEGETARIAN €15.50 (vegan on request)

COMBO [€22.00]

SALADS

CLONAKILTY BLACK PUDDING [€13.90]
poached egg, rocket, smoked bacon, croutons, shallot dressing, parmesan dust ^{2 4 7 9}

WARM BUTTERMILK CHICKEN [€15.50]
buttermilk chicken, parmesan, mixed leaves, red onion, leeks, basil pesto, balsamic reduction, garlic croutons ^{2 4 7 13 14 10}

CRUMBED GOAT'S CHEESE & BEETROOT [€14.50]
baby mixed leaves, crumbed goat's cheese, baby beets, basil pesto, cherry tomatoes, balsamic reduction ^{2 4 7}

CAJUN CHICKEN CEASAR [€15.50]
cajun marinated chicken, smoked bacon, crisp baby gem lettuce cherry tomatoes, sourdough croutons, house dressing ^{2 4 5 7}

SIDES AND EXTRAS

POUTINE FRIES ^{7 13} [€5.90]

PARMESAN TRUFFLE FRIES ^{1 7 13} [€5.90]

MARIE-ROSE FRIES ^{4 7 13} [€6.20]

SWEET POTATO FRIES [€5.50]
(subs +1.5) 2 13

UPGRADE TO ANY LOADED FRIES [€2.50]

ONION RINGS ^{2 13 14} [€5.00]

HOMEFRIES ^{2 13} [€5.00]

SEASONAL SALAD ^{1 10 11} [€5.00]

SEASONAL VEGETABLES ¹ [€5.00]

CHIVE MASH ⁷ [€5.00]

GARLIC BREAD ^{2 7} [€5.00]

SANDWICHES

BLT [€11.90]
toasted sourdough, smoked bacon, lettuce, tomato, mayo, garlic dip, homefries ^{2 4 6 7 13}

OPEN BEEF [€14.50]
top rib of beef, crispy onions, tomato, garlic, horseradish mayo, mixed leaves, sourdough bread ^{2 4 7 13 14}

CHICKEN AND BACON [€13.50]
charred chicken, smoked bacon, red onion, tomato, rocket, balsamic, garlic mayo, sourdough bread ^{2 4 6 7 12 13 14}

CAJUN CHICKEN CIABATTA [€13.50]
marinated chicken, bell peppers, onion, garlic mayo, tomatoes, mixed leaves ^{2 4 7 14}

ADD SOUP [€3.90] ADD CHEESE [€1.50]

ALLERGENS

1.celery 2.cereals containing gluten 3.crustaceans 4.eggs 5.fish 6.lupin 7.milk 8.molluscs 9.mustard 10.nuts 11.peanuts 12.sesame seeds 13.soya 14.sulphur dioxide and sulphites

Nuts are used in our kitchen hence all products may contain traces of nuts.

All deep fried products including chips may contain remnants of gluten from previous products.

All of our meat is locally sourced and of Irish origin.